About Lactobacillus Plantarum

A clinically researched postbiotic discovered in narezushi, a traditional Japanese fermented food. Lactobacillus Plantarum L-137 is heat-killed for stability and proven to support gut & immune health.

Key Application Areas

Functional Foods



Food Supplements



Sports Nutrition



Savoury Snacks



Beverages



Dairy



What Makes It Different?

Effective at just 50g, heat- and acid-stable with a five-year shelf life, making it easy to formulate into a range of products. Unlike many single strains, it delivers multiple benefits - supporting immunity, digestive health, skin health, and reducing fatigue.



L-137™ POSTBIOTIC

A postbiotic ingredient from Mitsubitshi Corporation Life Science's portfolio of health and nutrition ingredients.

Gut Friendly | Clean Label | Heat Stable